

Gel Co.[®]

— L O N D O N —

HEMA FREE

Application Guide: The1™ Builders



The1™ Builders

The1™ Builders are the latest innovative formula creations from Gel Co London.

The1 is available in over 50 colours and can be applied directly to the natural nail, an additional gel colour coat is optional. The1 doesn't require a base coat.

The1™ Builders help to repair any cracks or damage to the nails, while leaving a smooth and sleek appearance every client dreams of. The1 promotes health and vitality, placing nail care at the forefront.

Overlay for the natural nail

Step 1: Prepare the nails

- Ensure to clean and sanitize your client's hands before starting any work on their nails.
- Complete cuticle work for seamless product application. Use a cuticle pusher and trim away any excess with clippers.
- File the nails into your client's desired shape and length, using one of our quality Gel Co London nail files.
- Buff the nails using a Gel Co London buffing block to remove any shine from the nails and ensure a smooth surface for application.
- Cleanse the nails with a wipe of pure acetone before applying the first layer.

Step 2: The first coat

- Apply an even layer of The1 by spreading the brush from side to side, while dragging the product in a downward motion away from the client's cuticles. Make sure to avoid a build-up of The1 at the side of the nails or cuticle area.
- Ensure to seal your layer of The1™ at the free edge of the nail to avoid chipping or excess wear.
- Take care to build and apply The1™ to one nail at a time, moving the client's nails and hands for the most seamless application.
- Cure each hand under a UV light on a low heat mode for 60 to 90 seconds.

Step 3: The second coat

- Apply another even layer of The1™ to build opacity. Again spread the brush from side to side, while dragging the product in a downward motion away from the client's cuticles. Make sure to avoid a build-up of The1™ at the side of the nails or cuticle area.
- Ensure to seal your layer at the free edge of the nail to avoid chipping or excess wear.
- Build and apply builder gel to one nail at a time, moving the client's nails and hands for the most seamless application.
- Cure each hand under a UV light on a low heat mode for 60 to 90 seconds.

Step 4: Refine the nails

- Now that the main layers of The1™ have been applied and dried, wipe all nails with Isopropyl Alcohol.
- Finish refining and shaping the nails with a Gel Co London nail file.
- If there has been any build-up of product around the free edge or cuticle areas, buff away gently with a buffing block.
- Remove any remaining dust from the nails or client's hands with a dusting brush.

Step 5: Apply a final top coat

- Finally, apply a generous and even layer of the Gel Co London top coat to seal The1™ and ensure it lasts as long as possible.
- Follow the steps to apply a gel colour if this is what your client requests.

Applying nail extensions with tips

Step 1: Prepare the nails

- Ensure to clean and sanitize your client's hands before starting any work on their nails.
- Complete cuticle work for seamless product application. Use a cuticle pusher and trim away any excess with clippers
- File the nails into your client's desired shape and length, using one of our quality Gel Co London nail files.
- Buff the nails using a Gel Co London buffing block to remove any shine from the nails and ensure a smooth surface for application.
- Cleanse the nails with a wipe of pure acetone before applying the first layer.

Step 2: Apply tips to the nails

- Apply clear tips to each nail using glue. Make sure to press down firmly to remove any air bubbles which commonly cause a lifting of the tips.
- Cut down and buff the tips into your client's desired shape using a Gel Co London file and buffing block.

Step 3: The first coat

- Apply an even layer of The1™ by spreading the brush from side to side, while dragging the product in a downward motion away from the client's cuticles along to the extension tip you have created. Make sure to avoid a build-up at the side of the nails or cuticle area.
- Ensure to seal your layer at the free edge of the nail to avoid chipping or excess wear.
- Take care to build and apply to one nail at a time, moving the client's nails and hands for the most seamless application.
- Cure each hand under a UV light on a low heat mode.

Step 4: The second coat

- Apply another even layer of The1 to build opacity. Again spread the brush from side to side, while dragging the product in a downward motion away from the client's cuticles. Make sure to avoid a build-up at the side of the nails or cuticle area.
- Ensure to seal your layer at the free edge of the nail to avoid chipping or excess wear.
- Build and apply to one nail at a time, moving the client's nails and hands for the most seamless application.
- Cure each hand under a UV light on a low heat mode for 60 to 90 seconds.

Step 5: Apply a topcoat and gel colour

- Finally, apply a generous and even layer of the Gel Co London top coat to seal in the manicure and ensure it lasts as long as possible.
- Follow the steps to apply a gel colour if this is what your client requests.

Sculpting using nail forms

Step 1: Prepare the nails

- Ensure to clean and sanitize your client's hands before starting any work on their nails.
- Complete cuticle work for seamless product application. Use a cuticle pusher and trim away any excess with clippers
- File the nails into your client's desired shape and length, using one of our quality Gel Co London nail files.
- Buff the nails using a Gel Co London buffing block to remove any shine from the nails and ensure a smooth surface for application.
- Cleanse the nails with a wipe of pure acetone.

Step 2: Apply forms to the nails

- Apply nail forms to each nail that is best suited to the individual nail curve.
- Ensure that there are no gaps or spaces between the form and the client's natural nail.

Step 3: The first coat

- Apply an even layer of The1™ by spreading the brush from side to side, while dragging the product in a downward motion away from the client's cuticles along to the extension tip you have created. Make sure to avoid a build-up at the side of the nails or cuticle area.
- Take care to build and apply to one nail at a time, moving the client's nails and hands for the most seamless application.
- Cure each hand under a UV light on a low heat mode for 60 to 90 seconds.
- Remove the nail forms from each nail.

Step 4: The second coat

- Apply another even layer of The1™ to build opacity. Again spread the brush from side to side, while dragging the product in a downward motion away from the client's cuticles. Make sure to avoid a build-up at the side of the nails or cuticle area.
- Ensure to seal your layer at the free edge of the nail to avoid chipping or excess wear.
- Build and apply to one nail at a time, moving the client's nails and hands for the most seamless application.
- Cure each hand under a UV light on a low heat mode for 60 to 90 seconds.

Step 5: The fourth coat

- Apply another even layer of The1™ to build opacity. Again spread the brush from side to side, while dragging the product in a downward motion away from the client's cuticles. Make sure to avoid a build-up of at the side of the nails or cuticle area.
- Ensure to seal your layer at the free edge of the nail to avoid chipping or excess wear.
- Build and apply to one nail at a time, moving the client's nails and hands for the most seamless application.
- Cure each hand under a UV light on a low heat mode, 60 to 90 seconds.

Step 6: Refine the nails

- Now that the main layers have been applied and dried, wipe all nails with Isopropyl Alcohol.
- Finish refining and shaping the nails with a Gel Co London nail file.
- If there has been any build-up of product around the free edge or cuticle areas, buff away gently with a buffing block.
- Remove any remaining dust from the nails or client's hands with a dusting brush.

Step 7: Apply a final top coat

- Finally, apply a generous and even layer of the Gel Co London top coat to seal in the extensions and ensure they last as long as possible.
- Follow the steps to apply a gel colour if this is what your client requests.

Rebalancing

Step 1: Removal

- Ensure to clean and sanitize your client's hands before starting any work on their nails.
- File off the top coat and first layer of gel colour and ensure to even out the area of growth.
- Remove any dust from the nails and wipe them down with Isopropyl alcohol.

Step 2: Prepare the nails

- Push back and tidy your client's cuticles.
- Ensure that all lifting builder gel has been removed and buff and file over the surface until it is completely smooth. You may need to shorten the length.
- Cleanse the area of regrowth on your client's natural nail with acetone.

Step 3: The first coat

- Begin by applying a medium and even layer of The1 from the cuticle to the free edge of your client's nail.
- Cure under a gel UV lamp for 60 seconds. Ensure not to set your heat lamp on too high as this can cause discomfort to the client while the first coat dries.

Step 4: Shape the nails

- Wipe each nail with Isopropyl alcohol.
- Refine and shape the nails using a Gel Co London nail file, with a focus on reducing the built-up product within the cuticle area and free edge for a smooth and sleek surface.
- Buff each nail gently for an even smoother surface area.

Step 5: Apply top coat

- Finally, apply a generous and even layer of the Gel Co London top coat to seal in the manicure and ensure it lasts as long as possible.
- Cure under a gel UV lamp for 60 to 90 seconds.